

SHARING YOUR TIME AND TALENT WITH TRINITY IN 2009

Please place a: “√” next to any area where you would like to serve.
 “T” for any areas where you would like additional information.
 “C” for where you currently serve

Your name will be shared with the appropriate committee and you will be contacted

Worship

- Lend your time to help decorate for Easter Christmas
- Distribute bulletins and find seats as an Usher
- Share the Scriptures as a reader of the Lessons
- Serve at the altar as an Acolyte (all ages are welcome)
- Join with Healing Prayer Group on the first Sunday of the month following each service
- Attend the Centering Prayer Group on the 2nd and 4th Saturdays at the Parish Hall
- Serve Communion to the home bound through Lay Eucharistic Visitors.
- Share your time in our Nursery during worship
- Set the table with the Altar Guild
- Help serve Communion as a Chalice Bearer
- Sing in the Choir
- Sing in the Children's Choir

Education

- Participate in Bible Study Tuesday evenings Wednesday mornings
- Teach/help Sunday school during a 3-4 week rotation
- Attend Advent Study Series
- Attend Lenten Study Series
- Suggest areas of further study
- Lead an adult study
- Plan, teach or help with Vacation Bible School.
- Explore theology/history of the church in Education for Ministry (EFM)
- Attend the Adult Inquirers Series prior to being received, baptized, or confirmed

Mission and Outreach

- Serve on the Mission Committee
- Bring your labels from your Campbell's Products
- Purchase a gift for the Jesse Tree for Christmas
- Volunteer at the Food Pantry
- Fill a shoebox for Operation Christmas Child
- Help with the returnable bottles collection
 - Count bottles/cans Drive to redemption ctr. (1 Hr with Jack Allen)
- Learn about/get involved with the Millennium Development Goals
- Help with the preparation and distribution of our Thanksgiving Baskets
- Bring toiletries /non-perishable food items for the Food Pantry when you come for Sunday Worship

Please turn the page for additional opportunities!

For additional copies (for each household member) see our web site:
www.trinitychurchmilford.org

Buildings/Grounds

- ___ *Help with light work projects at parish / rectory*
- ___ *Mowing at church*
- ___ *Weeding at church*
- ___ *Pruning at church*
- ___ *Raking at church*
- ___ *Snow Removal Church Parking Lot*
- ___ *Snow-blowing/Shoveling Walkways*

Fellowship

- ___ *Bring baked goods for the 8 AM Coffee Hour*
- ___ *Bring baked goods for the 10 AM Coffee Hour*
- ___ *Host a coffee hour ___ 8am ___ 10am*
- ___ *Knit with Smitten with Knittin' Group*
- ___ *Adult volunteer for our Youth Group (as part of the team, sharing the responsibility)*
- ___ *Join our Trinity Episcopal Church Women for sewing/quilting on Tuesday mornings at 10am*
- ___ *Attend the Wednesday morning 10AM toddler group*
- ___ *Walk in the Way - add your exercise miles to the goal of walking from Trinity to Jerusalem*
- ___ *Join the fun of putting together our big Trinity parties and picnic (it really IS fun)!*
- ___ *Participate in a Yoga Class*

Pastoral Care

- ___ *Learn more about our new Stephen Ministry (one-on-one lay pastoral care) program*
- ___ *Help prepare our Healing Meals (a cooking ministry!)*
- ___ *Deliver a Healing Meal to anyone!*
- ___ *Offer a Helping Hand to someone in need (a ride to the doctor, ...)*

Parish Leadership

- ___ *Serve on Vestry*
- ___ *Serve as Steward of the Offering*
- ___ *Serve as Assistant Steward of the Offering*

Parish Office

- ___ *Help fold bulletins/newsletter/parish mailings as needed*
- ___ *Fill in for the Secretary as needed*
- ___ *Help with the Parish Newsletter*

<p style="text-align: center;">Please return this form (together with your commitment of financial support) in the enclosed envelope, on or before Sunday, October 26, 2008</p>
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Name: _____

Phone: _____ **eMail:** _____