



## Morning Prayer

### The Tenth Sunday after Pentecost

August 1, 2021 9 am

**The Altar Flowers are given to the Glory of God  
and in thanksgiving for the birth of Owen Lawrence Poch.**

*Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.* – Proverbs 3:5-6

#### Ministers of the Liturgy

**Worship Leader:** Peach Warren

**Lectors:** Mary Frances Best, Ginny Starkis

**Musicians:** Randolph Bloom, Jeff Lukas, Cathy Poch

**Ushers:** Andrew Yaroshefski & Ginny Starkis

**Altar Guild:** Sheri Keeler-Philips

**Technology Team:** Ann Marie Lockwood & Katherine Côté

**Prelude**     *Now Pray We to the Holy Spirit*     Dietrich Buxtehude (1637-1707)

**Opening Hymn**     *Guide me, O thou great Jehovah*     Hymnal #690

- 1. Guide me, O Thou great Jehovah, Pilgrim through this barren land;  
I am weak, but Thou art mighty, Hold me with Thy powerful hand.  
Bread of heaven, Bread of heaven, Feed me now and evermore;  
Feed me now and evermore.*
- 2. Open now the crystal fountain, Whence the healing stream doth flow;  
Let the fire and cloudy pillar Lead me all my journey through.  
Strong Deliverer, strong Deliverer, Be Thou still my Strength and Shield;*

#### **Peach Warren**     **Opening Prayer**

God of words and wisdom, God of beginnings and endings, God of truth and hope, you lead us into each bright, new morning, inviting us to listen as the birds announce the coming of the dawn. You call us to delight in your presence, to be like trees planted by streams of water, giving shade to all who pass by, and yielding fruit in due season. As we sing and pray, help us to remember that you are always with us. **Amen**

## **Peach Warren    The Invitatory and Psalter**

We give you thanks, O God, we give you thanks, calling upon your Name and declaring all your wonderful deeds. [Psalm 75:1]

## **Peach Warren    Venite [Psalm 95:1-7]**

*Let us say together:*

**Come, let us sing to the Lord; \* let us shout for joy to the Rock of our salvation.**

**Let us come before his presence with thanksgiving \* and raise a loud shout to him with psalms.**

**For the Lord is a great God, \* and a great King above all gods.**

**In his hand are the caverns of the earth, \* and the heights of the hills are his also.**

**The sea is his, for he made it, \* and his hands have molded the dry land.**

**Come, let us bow down, and bend the knee, \* and kneel before the Lord our Maker.**

**For he is our God, and we are the people of his pasture and the sheep of his hand. \***

**Oh, that today you would hearken to his voice!**

## **Ginny Starkis    Psalm 78:23-29**

*We will pray responsively by half-verse*

23 So he commanded the clouds above **\*and opened the doors of heaven.**

24 He rained down manna upon them to eat **\* and gave them grain from heaven.**

25 So mortals ate the bread of angels; **\* he provided for them food enough.**

26 He caused the east wind to blow in the heavens **\* and led out the south wind by his might.**

27 He rained down flesh upon them like dust **\* and winged birds like the sand of the sea.**

28 He let it fall in the midst of their camp **\* and round about their dwellings.**

29 So they ate and were well filled, **\* for he gave them what they craved.**

## **Mary Frances Best    A Reading from the Book of Exodus    [16:2-4, 9-15]**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted,

there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

**Ginny Starkis    A Song of God's Love    [1 John 4:7-11]**

*We will read responsively by half-verse.*

Beloved, let us love one another, \* **for love is of God.**

Whoever does not love does not know God, \* **for God is Love.**

In this the love of God was revealed among us, \*

**that God sent his only Son into the world, so that we might live through Jesus Christ.**

In this is love, not that we loved God but that God loved us \*

**and sent his Son that sins might be forgiven.**

Beloved, since God loved us so much, \* **we ought also to love one another.**

For if we love one another, God abides in us, \* **and God's love will be perfected in us.**

**Peach Warren    A Reading from the Gospel of John [John 6:24-35]**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

**Mary Frances Best    A Song of Pilgrimage    [Ecclesiasticus 51:13-16,20b-22]**

*We will pray responsively on the half-verse.*

Before I ventured forth, even while I was very young, \*

**I sought wisdom openly in my prayer.**

In the forecourts of the temple I asked for her, \* **and I will seek her to the end.**

From first blossom to early fruit, \* **she has been the delight of my heart.**

My foot has kept firmly to the true path, \* **diligently from my youth have I pursued her.**

I inclined my ear a little and received her; \*

**I found for myself much wisdom and became adept in her.**

To the one who gives me wisdom will I give glory, \*

**for I have resolved to live according to her way.**

From the beginning I gained courage from her, \* **therefore I will not be forsaken.**

In my inmost being I have been stirred to seek her, \*

**therefore have I gained a good possession.**

As my reward the Almighty has given me the gift of language,\*

**and with it will I offer praise to God**

## **Musical Meditation**

*Cathy Poch, soloist*

### **Peach Warren    The Apostles' Creed**

*Let us say together:*

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **Peach Warren    The Prayers**

**Show us your mercy, O Lord; and grant us your salvation.**

**Clothe your ministers with righteousness; let your people sing with joy.**

**Give peace, O Lord, in all the world; for only in you can we live in safety.**

**Lord, keep this nation under your care; and guide us in the way of justice and truth.**

**Let your way be known upon earth; your saving health among all nations.**

**Let not the needy, O Lord, be forgotten; nor the hope of the poor be taken away.**

**Create in us clean hearts, O God; and sustain us with your Holy Spirit.**

### **Peach Warren    The Lord's Prayer**

## **Peach Warren    Collect of the Day**

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **Mary Frances Best    The Prayers of the People**

May Christ dwell in our hearts by faith. Let us pray for the whole state of Christ's Church, saying:

Lord Christ, you are the bread of life; **fill us with your goodness.**

O Lord, be glorified in your church. Give us faith to trust in you, that we might always believe the truth of your word.

Lord Christ, you are the bread of life; **fill us with your goodness.**

O Lord, look in mercy upon your people. Inspire understanding in those who do not yet seek your ways, and guide us in the ways of your justice.

Lord Christ, you are the bread of life; **fill us with your goodness.**

Lord Christ, you tamed the raging of the sea and the strength of the wind. We pray you to shield our crops from drought and heat; bless our fields and waters from the heavens.

Lord Christ, you are the bread of life; **fill us with your goodness.**

O Lord, we hold in our hearts all victims of violence—especially those whose lives are devastated by gun violence. May they, and those who love them, comprehend with all the saints what is the breadth, and length, and depth, and height of your comforting love.

Lord Christ, you are the bread of life; **fill us with your goodness.**

Jesus, you said to your disciples, "It is I; be not afraid." Comfort all who are in trouble, need, or sickness, especially those we now name, silently or aloud . . .

Lord Christ, you are the bread of life; **fill us with your goodness.**

O God, you have gathered as your family those on heaven and earth. We pray for those who have died that they may rest in your eternal presence, and we pray that we ourselves may live this life on earth with joy and courage before joining your saints forever.

Lord Christ, you are the bread of life; **fill us with your goodness.**

Let us say together:

**O God, make our hearts large, so that they may be big enough**

**to share the greatness of your love,**

**to hold all those who want to believe in you,**

**to hold all those we sometimes forget,**

**to hold all those who are no longer with us—**

**so that we bring love and peace to everyone we meet.    Amen**

### **Ginny Starkis**    **A Prayer for Wisdom**

Holy and Loving God, by water and the Holy Spirit we have been buried with Christ and raised to the new life of grace: Give us inquiring and discerning hearts, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**

### **Peach Warren**    **A Prayer for the Beginning of New Ministry**

*Let us say together:*

**God of Love,  
You are with us in every transition and change.  
As we enter into this new era with excitement and anxiety,  
we recall your deep compassion, presence, and abounding love.  
We thank you for the gifts, talents and skills with which you have blessed us.  
We thank you for the experiences that have brought us to this moment.  
We thank you for the work of others that gives breadth and depth to our own work.  
Be with us as we move forward, rejoicing with you and supporting each other.  
We ask this in your Holy Name. Amen.**

### **Mary Frances Best**    **A Prayer for an end to racism**

O Lord our God, in your mercy and kindness, no thought of ours is left unnoticed, no desire or concern ignored. You have proven that blessings abound when we fall on our knees in prayer, and so we turn to you in our hour of need. Fill us with your mercy so that we, in turn, may be merciful to others. Strip away pride, suspicion, and racism so that we may seek peace and justice in our communities. Strengthen our hearts so that they beat only to the rhythm of your holy purpose. Flood our path with your light as we walk humbly toward a future filled with compassionate understanding and unity. Be with us, O Lord, in our efforts, for only by the prompting of your grace can we progress toward virtue. We ask this through Jesus Christ our Lord. **Amen.**

### **Ginny Starkis**    **A Prayer for our Nation**

Grant, O God, that your holy and life-giving Spirit may so move every human heart, especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. **Amen.**

## **Peach Warren   A Prayer of St. Chrysostom**

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

## **Peach Warren Blessing**

As we have been loved – let us love.

As we have been welcomed – let us welcome.

As we have been fed – let us feed.

As we have received – let us give.

And may the boundless love of God, the grace of Jesus Christ, and the presence of the Holy Spirit be always with us. **Amen**

## **Peach Warren   Dismissal**

Let us go forth rejoicing in the power of the Spirit. Alleluia! Alleluia!

**Thanks be to God. Alleluia! Alleluia!**

**Postlude**

*Agincourt Hymn*

John Dunstable (c.1390 - 1453)