



Trinity Episcopal Church, Milford MA

October 2021 Newsletter

Rector's Message

Dearly beloved,

As fall begins in earnest, there are new flowerings going on all around us.

First, please note this change in parish communications. We will send a newsletter like this **only once monthly** to give an overview of the programs and activities going on in the church. Our weekly email will be a shortened combination of our recent Thursday and Saturday missives, sent on Fridays with provisions for Sunday's worship and a brief reminder of the upcoming week's schedule. Further regular announcements are provided on the last page of the Order of Service (bulletin) and the website.



We're also starting or restarting some programs around the church. Read on for details of renewed **Spiritual Formation** for all ages, weekly evening opportunities, and groups organizing for action. With the ongoing pandemic as well as recent transition of leadership, we'll stay flexible in trying new things and being open to

change and adaptation as we listen for feedback. Please reach out as you have ideas and suggestions for how we can meet the needs of people in our community, whether current attenders or those looking for something a little bit different.

Music and liturgy planning and performance for Sunday mornings have been a group effort in recent months. We hope you have enjoyed the mixture of new and familiar in the services. One experiment that we plan to continue for the fall is singing one song each Sunday that combines new lyrics with favorite tunes, provided by ordained ministers [Carolyn Winfrey Gillette](#) and [Jann Aldredge-Clanton](#). We're also looking for more musical contributions, so please reach out if you have a gift of singing or instrumentation to offer.

Times of change are often difficult, but they can be vital sources of new life at the same time. I look forward to seeing what the Spirit has for us in these changing and challenging times.

Peace,

Father John

Prayer of Saint Francis of Assisi (1182-1226)

Lord, make me an instrument of your peace.

Where there is hatred let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

O Divine Master, grant that I may not so much seek

To be consoled as to console;

To be understood as to understand;

To be loved as to love.

For it is in giving that we receive;

It is in pardoning that we are pardoned;

And it is in dying that we are born to eternal life.

Amen.

News around the Parish, Diocese and Church

Keep reading for more about the following:

- **Formation & Spirituality:**
 - Programs for all ages beginning Sunday, October 17th
 - Tai Chi and Contemplative evening gatherings start
- **Outreach:**
 - Need for volunteers for our annual Thanksgiving Meal prep
 - Update on Community Suppers program
 - Cold weather shelter program starting up
- **Creation and Climate:**
 - Parish organizing beginning
 - Creation Retreat: *Falling in Love with Earth*
 - Faith Climate Action Days: October 17-18
 - Creation resources from our Diocesan Missioner
- **Important Diocesan and Church Dates**
 - *Ongoing reminders*

Spiritual Formation programs begin October 17th

On Sunday, October 17th we will begin regular gatherings. Please stay tuned to our weekly announcements for further details.

- **Children (under 8th grade)** will gather either in-person (Lane Chapel) or on Zoom for Church School, followed by in-person Children's Chapel featuring fun songs and stories during the first half of Holy Eucharist (our youth are welcome to come help lead music and fun!).
- **Youth (8th-12th grades)** will meet at 6:30 pm Sunday once per month for fun, music, food, discussion, and service project planning. First meeting is October 17th.
- **Adults (all ages welcome!)** will gather in Murray Hall on Sunday mornings for discussion and practice focused programs running 4-6 weeks each.

Looking for something different?

This month we begin two new regular weekday evening programs:

- Our local **Tai Chi** group is moving back indoors in Lane Chapel at 6:00 pm every Tuesday evening.

- We're beginning a new **weekly contemplative spiritual gathering** at 7:00 pm on Wednesday evenings. The first of the month will be *Movement and Meditation* led by Cindi Scrimgeour. The other weeks we will celebrate a quiet rhythm of spiritual reading(s), discussion, meditation, and group practice. Join us in the Lane Chapel.

Thanksgiving Meal prep help needed

Every year, Trinity and St. Mary's Catholic Church join together to distribute meals to anyone in the community who is in need. This year, we need some volunteers to help prepare the meals during the days leading up to Thanksgiving (November 22-24). Please reach out to [Justin Varteresian](#) to offer your assistance.

Update on our Community Suppers program

Volunteers from various churches and around our extended community have been providing free hot-cooked meals weekly at Trinity through the pandemic, alternating between purchasing from local restaurants and cooking our own. Here is what we have given out in September:

- September 2: 119 meals distributed (75 restaurant)
- September 9: 122 meals distributed (75 restaurant)
- September 16: 124 meals cooked and served
- September 23: 121 meals distributed (76 restaurant)
- September 20: 125 meals cooked and served

Glen Peterson reports: "Lots of new families—influx of new immigrants and those feeling food insecure from rising prices at the grocery store and at the gas pumps. Expect both trends to continue and with it the demand for meals. We continue to be linguistically challenged with some of the new guests—but it's amazing what a smile and hand gestures can still accomplish."

We have recently re-committed to continuing weekly meals as the numbers of those facing food shortages increase. More volunteers are always welcome, especially as we make some organizational changes toward 2022.

Climate action organizing at Trinity Episcopal Church

A number of us at Trinity would like to begin regular meetings to explore how we can continue our faithful service to all the earth and inhabitants as the *Season of Creation* ends this year. If you are interested, please reach out to Father John or Katherine Côté.

Faiths 4 Climate Justice: October 17-18, 2021



Regular Events at Trinity

Weekly Parish Schedule

- SUNDAY

- **Holy Eucharist** (*see weekly email for details*)
- Youth Group meets at 6:30 pm once monthly (next: Oct 17th)
- **Mondays**
 - *Parish office open 10:00 am to 2:00 pm*
- **Tuesdays**
 - *Parish office open 10:00 am to 2:00 pm*
 - Tai Chi practice at 6:00 pm in Lane Chapel
- **Wednesdays**
 - *Parish office open 10:00 am to 2:00 pm*
 - **Contemplative Gathering** in Lane Chapel at 7:00 pm
(*Movement and Meditation on the first Wednesday of the month*)
- **Thursdays**
 - *Parish office open 10:00 am to 2:00 pm*
 - Volunteers gather to prepare meals at 12:00 or 2:00 pm
 - Community Suppers distributed outdoors at 4:00 pm
- **Fridays**
 - *Father John's sabbath day; office closed*
 - Painting Class in Murray Hall at 10:00 am

Monthly Events

- Our **vestry** (leadership board) meets on the third Monday of every month at 7:00 pm on Zoom. All parishioners welcome.
- **Luncheon groups** JULIETs (women) and ROMEOs (men) meet monthly at local restaurants. This month:
 - ROMEOs are meeting on October 7th, 12:30 pm, at Galliford's
 - JULIETs are meeting on October 12th, 12:30 pm, at Sol de Mexico (Milford)
- **Youth** will meet monthly at 6:30 pm on evenings for food, fun, fellowship, and formation.

Important upcoming dates in our Diocese and Church

- October 4: *Saint's Day of Francis of Assisi, Friar and Deacon (1226)*
- October 5-7: **Clergy Conference** (Father John out of office)

- October 18: *Feast Day of Saint Luke the Evangelist*
- October 23: *Feast Day of Saint James of Jerusalem, brother of Jesus*
- October 28: *Feast Day of Saints Simon and Jude, Apostles*
- October 31: *All Hallows Eve*
- November 1: *All Saint's Day*
- November 6: [Diocesan Convention](#) in Springfield MA and via Zoom
- November 7: **Celebration of New Ministry** — Fr. John Elliott Lein at Trinity

Ongoing reminders

- Donate to Episcopal Relief and Development's work with [Haiti](#), [Louisiana](#).
- Help [Episcopal Migration Ministries](#) with Afghan refugees.
- Donate altar flowers from your garden; contact Mary-Ellen Yaroshefski.
- Donate eyeglasses for recycling by the Lion's Club; collected in the side narthex.
- Donate food for distribution by Daily Bread; collected in the side narthex.

TRINITY EPISCOPAL CHURCH
17 Congress Street, Milford, MA 01757

Telephone
Email (office)
Email (Rector)
Email (Wardens)
Worship Schedule

508-473-8464
office@trinitychurchmilford.org
rector@trinitychurchmilford.org
wardens@trinitychurchmilford.org
Sunday: Formation at 9:00 am, Holy Eucharist at 10:00 am
Wednesday: Contemplative Gathering at 7:00 pm

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October 2021

RETURN SERVICE REQUESTED

THE MINISTERS OF TRINITY
ARE
THE PEOPLE OF THIS PARISH

led by
The Right Reverend Doug Fisher, *Bishop*
The Reverend John Elliott Lein, *Priest*
Rachel Carpenter, *Sunday School Coordinator*
Magee Lambert, *Secretary*, Paul Del Molino, *Sexton*
Beth Moeller, *Sr. Warden*, Lisa Ruggiero, *Jr. Warden*
and the Treasurer, Clerk, and Vestry.

We serve all God's Creation as a local parish
of the Diocese of Western Massachusetts,
part of The Episcopal Church (USA),
a member of the global Anglican Communion.